

Quamina v. Crampsie, 21 Civ. 1878 (PGG) (BCM)

DEFS.' EXHIBIT A

Defs.' Letter re: Motion to Dismiss under FRCP 12(b)(6)

12/12/20 8:20:49 AM EST

Anaika (+13475179422)

Got it 🙏 thank u

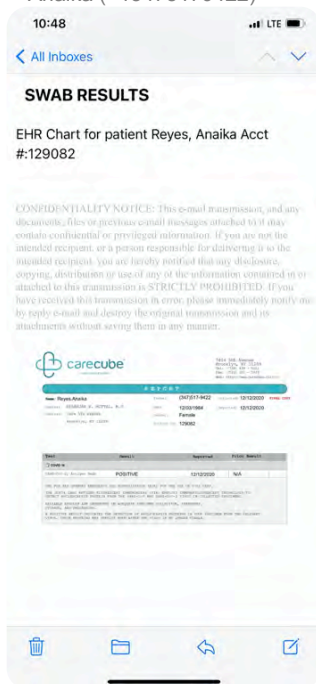
12/12/20 10:50:48 AM EST

Anaika (+13475179422)

Hey guys got up this morning with a horrid headache and decided to go to the urgent care got tested for Covid and it's positive

12/12/20 10:51:06 AM EST

Anaika (+13475179422)



12/12/20 10:51:30 AM EST

Anaika (+13475179422)

No other symptoms but just a headache

12/12/20 10:57:54 AM EST

Omg

12/12/20 10:58:20 AM EST

Anaika (+13475179422)

I'm going crazy don't know what to do

12/12/20 10:59:22 AM EST

Stay home. No contact for 14 days. We all need to get tested ASAP Jason.

12/12/20 10:59:56 AM EST

Anaika (+13475179422)

I am gonna get second option

12/12/20 11:01:01 AM EST

And Drake is sick

12/12/20 11:02:09 AM EST

Anaika (+13475179422)

And he said he had a headache too

12/12/20 11:13:13 AM EST

He tested negative on Tuesday

12/12/20 11:14:08 AM EST

Anaika (+13475179422)

So he's fine thank God pls take scar to get tested too and u and Jason

12/12/20 11:14:26 AM EST

Anaika (+13475179422)

Because I have no symptoms but a headache

12/12/20 11:14:42 AM EST

Anaika (+13475179422)

Tell Marsela

12/12/20 11:14:59 AM EST

Scarlett is out w Marsala right now we will have to tell her when they come back

12/12/20 11:15:17 AM EST

Anaika (+13475179422)

Ok

12/12/20 11:46:10 AM EST

What other guidance did they give you?

12/12/20 11:47:25 AM EST

Anaika (+13475179422)

Heavy dairy and eat diet and re test in 7-10days stay quarantine even though I don't have symptoms

12/12/20 11:48:11 AM EST

Anaika (+13475179422)

Tell all who I have been in contact with for the past 48hrs

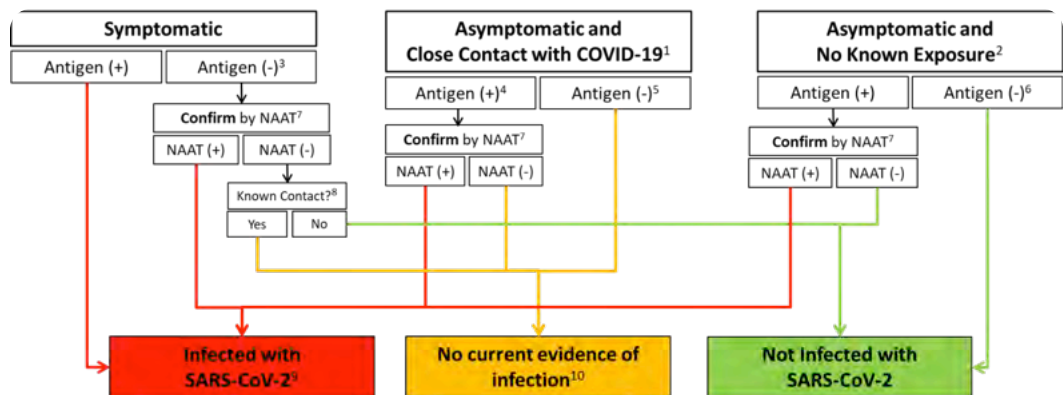
12/12/20 11:50:55 AM EST

Yeah it looks like if you haven't been in close contact w anyone that you know of that has it that they should do the other test too

12/12/20 11:51:25 AM EST

If you don't present symptoms

12/12/20 11:51:34 AM EST



12/12/20 11:51:43 AM EST

I'm now In a deep algorithm rathole

12/12/20 11:52:30 AM EST

Anaika (+13475179422)

I know I been crying since they email me

12/12/20 11:53:22 AM EST

That chart says if you are asymptomatic and you test positive w the rapid test that you should take the NAAT test because it could Be a false positive

12/12/20 11:53:47 AM EST

Anaika (+13475179422)

Where do I take it?

12/12/20 11:53:57 AM EST

Anaika (+13475179422)

I am so confused right now

12/12/20 11:54:09 AM EST

Anaika (+13475179422)

Could u send more info pls

12/12/20 11:54:25 AM EST

Anaika (+13475179422)

Any location near my address

12/12/20 11:54:35 AM EST

Just read this article

12/12/20 11:54:37 AM EST

<https://www.google.com/amp/s/www.nytimes.com/2020/12/09/well/live/covid-coronavirus-testing.amp.html>

12/12/20 11:56:54 AM EST

Anaika (+13475179422)

And I am asthmatic so it's just confusing

12/12/20 12:15:20 PM EST

"Antigen tests also have a higher rate of false positive results , so a positive rapid test should be confirmed ."

12/12/20 12:15:48 PM EST

So you need to get it confirmed with a lab test

12/12/20 12:15:57 PM EST

Then you'll know for sure in 1-3 days

12/12/20 12:18:27 PM EST

"If your doctor or local public health clinic offers rapid testing, you usually can get the result in 15 to 30 minutes. But a positive rapid result might need to be confirmed by an additional test, especially if you don't have symptoms."

12/12/20 12:19:07 PM EST

"Testing turnaround times are improving in some cities. In New York City, for instance, you can get a P.C.R. laboratory test result in about a day. If rapid testing is available in your area, you can get the result in minutes, but rapid tests work best when taken a few times over the course of a week."

12/12/20 12:19:27 PM EST

So my advice would be get the PCR test today too

12/12/20 12:19:34 PM EST

Anaika (+13475179422)

Ok gonna go do the PCR

12/12/20 12:19:45 PM EST

Anaika (+13475179422)

Gonna go back

12/12/20 12:20:09 PM EST

And we will
Keep u posted on us. The nurse is coming this afternoon to test J and me. Marcela is keeping Scarlett outside.

12/12/20 12:20:53 PM EST

Anaika (+13475179422)

Ok cool would keep u posted to I pray I alone have this and not you guys

12/12/20 12:23:06 PM EST

Or you have a false positive! At least the CDC shortened quarantine to 7 days if you have no symptoms.

12/12/20 12:23:52 PM EST

Anaika (+13475179422)

Thanks for making me feel a little better.. is scar ok?

12/12/20 12:36:30 PM EST

Yes

12/12/20 12:36:38 PM EST

This is from last week in NY Times

12/12/20 12:36:39 PM EST

A Rapid Virus Test Falts in People Without Symptoms, Study Finds
A head-to-head comparison of lab and rapid coronavirus tests drew mixed reactions from experts, who raised concerns about accuracy.

12/12/20 12:36:55 PM EST

The rapid tests without symptoms are really not accurate

12/12/20 12:39:28 PM EST

But frankly if you're asymptomatic all tests aren't that accurate 🧑

12/12/20 12:40:16 PM EST

So get the pcr and you're covering all bases! Then I think stay home; get tested Wednesday again w rapid and we go from there.

12/12/20 12:49:36 PM EST

Anaika (+13475179422)

Ok cool

12/12/20 2:05:40 PM EST

Does it hurt when they stick it up your nose?? Ahh I'm getting nervous

12/12/20 2:06:01 PM EST

Anaika (+13475179422)

Yes it's uncomfortable

12/12/20 2:06:09 PM EST

Bleh

12/12/20 2:06:11 PM EST

Anaika (+13475179422)

It feels weird

12/12/20 2:06:23 PM EST

Anaika (+13475179422)

Just hold Jason hands

12/12/20 2:34:36 PM EST

Ok we are both negative

12/12/20 2:35:13 PM EST

Anaika (+13475179422)

Ok perfect I'm going to do PCR at a next place tomorrow

12/12/20 2:54:22 PM EST

Ok the sooner the better please!

12/12/20 2:55:25 PM EST

Anaika (+13475179422)

Yes for sure.. they were booked up today

12/14/20 7:49:27 AM EST

anaika hope you're still feeling ok. Let us know as soon as you have results from other test as my Aunt Lilli is currently in hospital w Covid pneumonia and i need to figure out if I can visit her or not as it will most likely be the last time and she's all alone, my Mom can't go because of her age etc. Marcela was negative thank god! Drake still has a bad cold but no temp. Scar now has slight cold but no temp and probably from Drake. Xoxo

12/14/20 8:40:48 AM EST

Anaika (+13475179422)

I did the test yesterday by Thursday I should have results, still no bad symptoms last night I started coughing and my chest was hurting a little

12/14/20 9:46:00 AM EST

Ok. I'll wait til Thursday to tell Cocoon because to not have that outlet right now for Scar would be hard and none of us have symptoms or fevers.

12/14/20 9:48:15 AM EST

Anaika (+13475179422)

Ok no problem

12/15/20 12:27:54 PM EST

Anaika (+13475179422)

Test and tracing called the clinic sent my results to them I am yet to receive email from them but they said I should receive it soon tho, I am positive for Covid 19.

12/15/20 8:48:22 PM EST

Anaika (+13475179422)

The mere fact that no one answered to me confirming I have Covid 19 I'll take it as a disapproval and like I willful went out in the world and beg to get Covid smh.... for the past years\ year I worked my tail off before and throughout the pandemic risking everyday getting to and from work still don't know when or where I pick up Covid and dreading the day I got Covid what I'll do. Yet I kept pushing. Now to feel like I have to worry about being sick and worried about missing work and worried about having a job (Because someone is gonna be upset they have no help for a couple of days and not remember all the yes that was given) I am in no form a robot I am human and things happens and this is why it's spreading because I could of said nothing and still show up to get paid but integrity I am full of.... Yet everyone is an advocate for Black Lives Matters smh. No one would like if I don't answer to text messages it's just plain insulting.

12/17/20 12:41:28 PM EST

Anaika we should talk after Christmas. We hope you are continuing to be asymptomatic and as healthy as mentally possible during the Quarantine. Please use this time to focus on your health.

12/22/20 9:54:25 AM EST

Anaika (+13475179422)

Good morning i know you said after Christmas but I have no source of income coming in seeing that I am flat down in bed from Covid and I still have five paid vocation days for the year reminding. I'll like to used them please.

12/24/20 8:30:32 AM EST

Sorry for the delay in response. My Aunt Lilli passed away from Covid last Thursday and things have been very busy. Jason and I are fine to pay you for five days today and that would include Christmas Day as in my records I only have 3 paid days left for you. Have a nice holiday tomorrow. And we hope you are recovering. I suggest the three of us speak together Sunday regarding next steps. Thanks, Anaika.

12/24/20 9:46:21 AM EST

Anaika (+13475179422)

Sorry to hear about your aunt. I didn't use 5 days. I note and write everything down and I saved these five days with the plans of traveling for Christmas with the hopes of Covid getting better so all my days were carefully used. Christmas Day is a paid holiday.. But if you say it's three days so be it. I just need to keep afloat for the holidays. Thanks.